Optimistically Speaking

The Newsletter of the Optimist Club of Greater Vienna | January 2023

Calendar

Jan. 11
Board meeting
7:30 p.m.

Jan. 22
Communications Contest for the Deaf and Hard of Hearing (CCDHH)

Vienna Community Center
3 p.m.

January 24
National Compliment Day

Have something nice to say about someone?

Let them know -- sharing a genuine compliment benefits giver and receiver, lifting the spirits of both. The joy and calm it might trigger can be contagious -- and you just might start a happy wave of events.

News and Notes

How lucky were we to have our own version of holiday elves helping out at the tree lot -- disguised as our wonderful JOI Club volunteers. Volunteering makes you happy!
Photo credit: Michele Wright

Happy New Year to you all -- may you be safe, happy, healthy, and well in 2023! Thanks to our successful ongoing Farmers Market and Tree Sale fundraisers, we are back in business this month of encouraging and supporting local youth. In fact, on Sunday, January 22, six students from Canterbury Woods Elementary School will compete in our annual Communications Contest for the Deaf and Hard of Hearing (CCDHH) at 3 p.m. in the community room of the Vienna Community Center. Each student will give a short speech based on the theme "Discovering the Optimism within Me". The top three communicators win medals says , VP of Youth. encourages you to please RSVP "yes" or "no" to this inspirational event when you receive the email invitation, to ensure an accurate count.

Meanwhile, while we're busy recognizing children with awards and scholarships for their abilities, they're helping us right back. JOI Club members and students from George C. Marshall and James Madison High Schools; Flint Hill Upper School; Louise Archer Elementary School; Thoreau and Kilmer Middle Schools; Boy Scout Troop 1539, and former Marshall now current NOVA student Aaron Feinberg volunteered at the tree lot, says , director of youth.

Serving the youth of greater Vienna for more than 65 years!
Visit us:
www.OptimistClubofGreaterVienna.org or
www.Facebook.com/ViennaOptimistClub

Board of Directors 2022-2023
Optimist Club of Greater Vienna

President	Tom Bauer
Secretary, Acting	Susan Bauer
Treasurer	Michele Wright
Immediate Past President	Tom Bauer
President Elect	
VP, Community	
VP, Media Relations/ Webmaster	Gary Moonan
VP, Membership	Fritz Irwin
VP, Youth	Mike Fitzella
Director of Print/Social Media	Karen Yoon
Director of Membership	JonMarc Buffa
Director of Youth	Ed Wonder
Director at Large	Steve Shannon

The Optimist Creed

Promise Yourself

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Christian D. Larsen

What's new for Optimism International with President Robert McFadyen?

In the fall issue of Optimism International, President Robert McFadyen writes about his vision for the organization. While membership has declined over the years (as with many other service groups) McFadyen says he is optimistic about OI maintaining its independence -- if we can garner more members to participate and join.

In the feature article introducing him as president, McFadyen cites the many benefits that optimism and volunteering bring, such as health, happiness, longevity, resilience, and success. Some new online benefits that OI is offering members include enhancing Club and Membership procedures; offering more relevant -- and now free -- content through the Optimist Institute (such as ways to grow through personal and leadership development tools, education, inspiration, and insight); marketing tools to help Clubs promote optimism; pursuit of alternate revenue sources that promote optimism beyond our current branded logo inventory; and enhancing youth programs to include modernizing JOI programs and developing Social Emotional Learning content. Lifelong learning is linked to health and happiness, too.